



Government of India
Ministry of Chemicals & Fertilizers
Department of Pharmaceuticals

Jan Aushadhi VARTA



EDITION 29

06th December, 2024

International expansion of **Janaushadhi Scheme (PMBJP)**



Hon'ble Prime Minister Shri Narendra Modi with Hon'ble President of Guyana, Shri Irfaan Ali announced the inauguration of a Janaushadhi Kendra in Georgetown, Guyana on 20.11.2024, a significant step forward in strengthening India-Guyana bi-lateral relations. During a press conference in the Caribbean Garden City, the Hon'ble Prime Minister emphasized India's role as a key supplier of affordable, high-quality pharmaceuticals to Guyana.

This initiative will not only boost India's pharmaceutical exports to the Caribbean nation but also make vital medicines more accessible to the people of Guyana. The MoU was signed between M/s HLL Lifecare Ltd and the Ministry of Health of Guyana for implementation of Janaushadhi Scheme (PMBJP) and supply of medicines for Public Procurement Agencies of CARICOM countries who can avail medicines at affordable prices under the PMBJP Programme.



Total No.
of Kendras
14320
(till 30.11.2024)



Total Sales crossed
Rs. 1255.66 Crore
FY 2024-25
(till 30.11.2024)



Estimated Savings Approx
of **Rs. 6278.30 Crore** to
Citizens FY 2024-25
(till 30.11.2024)



Sales of
November 2024
is **Rs. 182.91
Crore**

HIGHLIGHTS



13th November, 2024



Darbhanga, Bihar

Prime Minister Inaugurates

18 JAN AUSHADHI KENDRAS at Indian Railway Stations



Towards the commitment of dedicating 25,000 Janaushadhi Kendras to the nation, the Hon'ble Prime Minister virtually inaugurated 18 new Jan Aushadhi Kendras across various zones of Indian Railways on 13.11.2024, marking another milestone in the mission of making affordable and high-quality medicines accessible to all under the Pradhan Mantri Bhartiya Janaushadhi Pariyojana (PMBJP).

The inauguration took place through video conferencing from Darbhanga in Bihar along with other developmental projects worth over 12 thousand crore rupees.

With this addition, the total number of Jan Aushadhi Kendras at railway stations has reached 87, reflecting the growing success of the initiative. These kendras will provide affordable medicines to passengers, significantly reducing the financial burden of healthcare. The inauguration highlights the Government's consistent commitment of providing affordable medicine and self-employment especially for the millions who rely on railways as their primary mode of transport. The initiative continues to expand its reach, making healthcare more affordable and accessible across the country.

Inauguration of Pradhan Mantri Bhartiya Jan Aushadhi Kendra at 18 new Railway Stations

- | | |
|--------------------------------------|---------------------------------|
| 1) Rajkot, Gujarat | 10) Samastipur, Bihar |
| 2) Chandlodiya, Gujarat | 11) Durgapura, Rajasthan |
| 3) Vapi, Gujarat | 12) Barmer, Rajasthan |
| 4) Agartala, Tripura | 13) Falna, Rajasthan |
| 5) Kacheguda, Telangana | 14) Bareilly, Uttar Pradesh |
| 6) Netaji Metro Station, West Bengal | 15) Badshahnagar, Uttar Pradesh |
| 7) Nagercoil, Tamil Nadu | 16) Lalitpur, Uttar Pradesh |
| 8) Thanjavur, Tamil Nadu | 17) Katni, Madhya Pradesh |
| 9) Bilaspur, Chhattisgarh | 18) Davanagere, Karnataka |



HIGHLIGHTS



14th - 27th November 2024



Pragati Maidan, New Delhi

Participation of

PMBJP at the 43rd India International Trade Fair (IITF) 2024



India International Trade Fair, 2024 held at Pragati Maidan, Delhi from 14th-27th November, 2024. Pharmaceuticals & Medical Devices Bureau of India (PMBI) participated at the 43rd edition of IITF, 2024 and exhibited a Janaushadhi stall at 4H-01-B Hall. Shri Ravi Dadhich, CEO, PMBI, visited the Pradhan Mantri Bhartiya Janaushadhi Pariyojana (PMBJP) Stall and reviewed the stall's operations and commended its efforts in spreading awareness about the Government of India's visionary initiative to ensure accessible and affordable healthcare across the nation.

He extended his best wishes to the team for their continued dedication to this noble cause. The stall was designed to replicate the Janaushadhi kendras present across the nation. This achievement highlights the growing trust and reliance of the people on affordable and quality medicines. Engaging activities such as quiz competition and selfie point was installed at the stall, people from diverse social, cultural background equally participated at the event, thus making Janaushadhi a great success.



HIGHLIGHTS

26th November, 2024



Head Office, New Delhi

Celebration of Samvidhan/Constitution Day "Hamara Samvidhan, Hamara Swabhimaan"



To celebrate the adoption of the Constitution of India, Samvidhan Diwas or Constitution Day is celebrated every year on 26th November.

Under the guidance of Shri Ravi Dadhich, CEO, PMBI, the PMBI officials, staff, and Kendra owners took pledge to uphold the Preamble of the Indian Constitution. The pledge reaffirmed the core principles of justice, liberty, equality, and fraternity, emphasizing the commitment to safeguarding democratic values and contributing to the nation's growth.

HIGHLIGHTS



28th-03rd November, 2024



Head Office, New Delhi

Celebrating Vigilance and Integrity



The nation celebrates Vigilance Awareness week from 28th Oct to 3rd Nov every year, to promote the nation's commitment of integrity and probity in public life.

PMBI observed and celebrated Vigilance Awareness Week 2024 with a pledge-taking ceremony, conducted under the chairmanship of the Shri Ravi Dadhich, CEO, PMBI reaffirming its commitment to integrity, transparency, and ethical governance. The theme for this year was "Culture of Integrity for

Nation's Prosperity," as designated by the Central Vigilance Commission.

A workshop was also conducted under the guidance of Shri Sanjay Suri (retired Under Secretary, Dept. of Pharmaceuticals, GoI). At this session, he emphasized the critical importance of transparency, accountability, and ethical conduct in workplace practices. The PMBI team engaged in discussions to explore effective strategies for enhancing vigilance within the organization.

HIGHLIGHTS



29th November, 2024



Head Office, New Delhi

Signing of

MoU between PMBJP & CAPFs, NSG & AR - a milestone in healthcare accessibility

In a remarkable journey of PMBJP, a new milestone has been achieved in ensuring affordable healthcare to the armed forces of the country. Shri Ravi Dadhich, CEO, PMBI, has signed a Memorandum of Understanding (MoU) with Dr. Vinod Kumar, ADG (Medical) Central Armed Police Forces, National Security Guard & Assam Rifles (CAPFs, NSG & AR),

under the Ministry of Home Affairs (MHA), Govt. of India on 29th November 2024 at PMBI Head Office, New Delhi. This collaboration marks a significant step towards enhancing healthcare accessibility by bringing Jan Aushadhi medicines to CAPFs, NSG & AR (MHA) Hospitals and other medical establishments.



IN THE NEWS



November 13, 2024

PM Modi inaugurates 18 Pradhan Mantri Bhartiya Jan Aushadhi Kendras at railway stations nationwide



Prime Minister Narendra Modi dedicated 18 Pradhan Mantri Bhartiya Jan Aushadhi Kendras at various railway stations across the country. Mr. Modi inaugurated these Kendras through video conferencing from Darbhanga in Bihar along with other developmental projects worth over 12 thousand crore rupees. These kendras will ensure availability of affordable medicines at railway stations for the passengers.

Speaking on this occasion, the Prime Minister said, his government has main focus on holistic health services in the country. Addressing a public meeting at Shobhan in Darbhanga, Mr Modi said we have five focus points including prevention from diseases, affordable screening of ailments, use of technology in treatment and providing best health care services for the well being of common people.

THE TIMES OF INDIA | November 28, 2024

"Jan Aushadhi" centres at railway stations a lifeline for people

Patna: Pradhan Mantri Bhartiya Jan Aushadhi Kendras (PMBJKS) in the East Central Railway (ECR) are emerging as a vital lifeline for the common people, particularly those from economically disadvantaged backgrounds. These centres, located at Samastipur, Darbhanga, Patna Junction and DDU, are providing life-saving medicines at much lower prices, said ECR's chief public relations officer (CPRO) Saraswati Chandra.

The PMBJK initiative has proven to be a boon for the poor and common people who struggled with the high cost of pharmaceuticals. "With stations serving as strategic locations for easy access, these kendras are catering to the needs of railway passengers and local people, offering medicines from general health to chronic diseases at low prices," he said.

November 21, 2024

प्रधानमंत्री मोदी ने कहा, भारत गुयाना में 'जन औषधि केंद्र' स्थापित करेगा



नई दिल्ली, 20 नवंबर (हि.स.)। प्रधानमंत्री नरेन्द्र मोदी ने बुधवार को कहा कि भारत कैरेबियाई देश में अपना फार्मा निर्यात बढ़ाना चाहता है। इस दिशा में भारत वहां 'जन औषधि केंद्र' स्थापित करने की योजना भी बना रहा है। साथ ही उन्होंने कहा कि भारत और गुयाना दोनों देश वैश्विक संस्थानों के सुधार को लेकर अपने प्रयासों को आगे बढ़ाने को प्रतिबद्ध हैं। प्रधानमंत्री मोदी ने गुयाना के राष्ट्रपति इरफान अली के साथ कैरेबियन गार्डन सिटी जॉर्जटाउन में एक पत्रकार वार्ता को संबोधित करते हुए यह बातें कहीं।



November 21, 2024

Andhra Pradesh to promote generic medicines to ease financial burden, says Health Minister



VIJAYAWADA: The State government is aiming to reduce the financial burden on the poor by increasing access to generic medicines and promoting their usage, said Health Minister Y Satya Kumar Yadav.

Accusing the previous YSRC government of neglecting generic medicines, the minister revealed that, of the total sale of medicines worth Rs 10,000 crore in the State, generic medicines account for only 7%.

Replying to questions raised by the MLAs, Minister Satya Kumar informed the House that there are only 215 Jan Aushadhi Kendras in the State, while the Union government has established 13,822 Kendras across the country under the Pradhan Mantri Bhartiya Jan Aushadhi Kendra scheme.

IN THE NEWS

दैनिक भास्कर

November 04, 2024

राष्ट्रीय: जनता के लिए लाभकारी साबित हो रहा जन औषधि केंद्र, खरीद रहे सस्ती दवाएं



नालंदा, (आईएनएस)। प्रधानमंत्री जन औषधि केंद्रों ने ना केवल गरीबों और आम जनता को सस्ती दवाओं की उपलब्धता सुनिश्चित की है, बल्कि हजारों लोगों को रोजगार और आत्मनिर्भरता का रास्ता भी दिखाया है। बिहार शरीफ सदर अस्पताल स्थित जन औषधि केंद्र में कार्यरत फार्मासिस्ट असिस्टेंट कुमारी मीना सिन्हा ने आईएनएस से खास बातचीत में इस योजना के बारे में जानकारी दी।

कुमारी मीना सिन्हा ने बताया कि पीएम मोदी ने प्रधानमंत्री जन औषधि केंद्र योजना की शुरुआत की है। लोगों ने कभी कल्पना भी नहीं की थी कि ऐसी कोई योजना होगी, जिससे उन्हें इतनी सस्ती दवाओं पर दवाइयां उपलब्ध हो पाएंगी, लेकिन इस योजना की वजह से यह चीज संभव हो पाई है, जो सराहनीय है।

ग्रामीण और गरीब जनता इस योजना से बेहद खुश है और वह पीएम मोदी का आभार व्यक्त करते हैं। उन्होंने आगे कहा, "पहले उनकी आय का 90 फीसद हिस्सा दवाओं पर खर्च हो जाता था, लेकिन अब 50 से 90 प्रतिशत तक की छूट मिलने से उनके बच्चे शिक्षा हासिल कर पा रहे हैं। साथ ही उनकी परिवार की आर्थिक स्थिति में सुधार आया है।"

हिन्दुस्तान

November 03, 2024

छह गुणा बढ़ें जन औषधि केंद्र, आसानी से मिलेगी सस्ती दवा

प्रधानमंत्री जन औषधि योजना का दायरा मुरादाबाद में काफी तेजी से बढ़ा है। योजना के अंतर्गत शहर में संचालित होने वाले जनऔषधि केंद्रों की संख्या छह गुणा बढ़ गई है। कुछ अरसे पहले तक शहर में सिर्फ सात जनऔषधि केंद्र ही संचालित हो रहे थे। अब इन केंद्रों की संख्या बढ़कर चालीस के पार पहुंच गई है। योजना के अंतर्गत देशभर में 25 हजार नए जनऔषधि केंद्र खोलने का लक्ष्य निर्धारित करने के बाद मुरादाबाद में भी नया केंद्र खोलने के लिए लोगों की तरफ से आवेदनों की झड़ी लग गई। जिला अस्पताल परिसर में संचालित जनऔषधि केंद्र के प्रभारी वरुण चौहान ने नए केंद्रों के बारे में प्राप्त जानकारी का हवाला देकर बताया कि कई आवेदन मंजूर होने के बाद शहर में संचालित जनऔषधि केंद्रों की संख्या बढ़कर 42 पहुंच गई है। अब घनी आबादी वाले मोहल्लों और कई मलिन बस्तियों तक जनऔषधि योजना की सहूलियत उपलब्ध हो गई है। जिसके चलते लोगों को अब अपने घर के नजदीक ही सस्ती जेनरिक दवाएं मिल सकेंगी। कुछ समय बाद शहर में जनऔषधि केंद्रों की संख्या और बढ़कर पचास तक पहुंचने की उम्मीद है।

EXPRESS PHARMA

November 25, 2024

Pharmaceuticals & Medical Devices Bureau of India participates in 43rd Edition of IITF 2024

The Pharmaceuticals and Medical Devices Bureau of India (PMBI), the implementing agency of the Pradhan Mantri Bhartiya Janaushadhi Pariyojana (PMBJP) is participating in the 43rd India International Trade Fair (IITF) 2024. The exhibition highlights the milestones and initiatives under PMBJP, emphasising the mission to provide quality and affordable medicines across India.

The event started on November 14, 2024, and will continue exhibition till November 27, 2024, where many public awareness activities will also be conducted at Jan Aushadhi stall to spread public awareness about the scheme.

The Government aims to expand the reach of PMBJP by increasing the number of Pradhan Mantri Bhartiya Janaushadhi Kendras (PMBJKs) to 25,000 by March 2027.

NEWS 18

November 26, 2024

Chhatarpur News: ऐसे खोलें पीएम जनऔषधि केंद्र, हर महीने मिलेगी प्रोत्साहन राशि, जानें आवेदन प्रक्रिया

Chhatarpur News: प्रधानमंत्री भारतीय जन औषधि परियोजना के अंतर्गत हर जिले में जन औषधि केंद्र खोले जा रहे हैं। छतरपुर जिले में भी जन औषधि केंद्र खोले जाएंगे जिसके लिए आवेदन मांगे जा रहे हैं। केंद्र सरकार संचालक को प्रतिमाह 20 हजार रुपए तक की प्रोत्साहन राशि भी देगी।

भारत सरकार की प्रधानमंत्री जन औषधि परियोजना के तहत लोगों को बेहद कम दाम पर दवाइयां मिलती है। इतना ही नहीं भारत सरकार की योजना के तहत अब कोई भी प्रधानमंत्री जन औषधि केंद्र खोल सकता है। और उससे मुनाफा भी कमा सकता है। क्या है प्रधानमंत्री जन औषधि खोलने का तरीका और इसके लिए किन दस्तावेजों की होगी जरूरत चाहिए आपको बताते हैं पूरी जानकारी।

भारत सरकार प्रधानमंत्री जन औषधि केंद्र खोलने के लिए लोगों को प्रोत्साहित करती है। इसे खोलने की प्रक्रिया काफी सरल है। केंद्र खोलने के लिए सरकार द्वारा तय की गई कुछ नियम और शर्तों का पालन करना होता है। सरकार द्वारा केंद्र खोलने की आयत उन्हीं को दी जाती है जिनके पास डी फार्मा या बी फार्मा का सर्टिफिकेट होता है।

प्रधानमंत्री जन औषधि केंद्र खोलने के लिए तीन कैटेगरी तय की गई हैं। जिम पहले में डॉक्टर, फार्मासिस्ट या फिर रजिस्टर्ड मेडिकल प्रैक्टीशनर आते हैं। दूसरी कैटेगरी में ट्रस्ट प्राइवेट हॉस्पिटल और एनजीओ आते हैं। तीसरी कैटेगरी में ऐसे लोग होते हैं जिन्हें स्टेट गवर्नमेंट द्वारा नॉमिनेट किया जाता है। इसके साथ ही आपके पास 120 वर्ग फुट की जगह भी होनी जरूरी होती है।



SOCIAL MEDIA HIGHLIGHTS

(PMBJP Retweeted)

← Post

 **PMO India** @PMOIndia

भारत फार्मा products के लिए गयाना का महत्वपूर्ण स्रोत है।

हम फार्मा exports बढ़ाने के साथ साथ गयाना में जन औषधि केंद्र बनाने पर भी काम करेंगे: PM [@narendramodi](#)

[Translate post](#)

9:10 PM · Nov 20, 2024 · 62.8K Views

49 244 1.1K 6

← Post

 **Governor Odisha** @GovernorOdisha

Hon'ble Governor graced the Health Conf. organized by Health Sambad, the digital arm of [@kanak_news](#) & [@SambadGroup](#) as chief guest. He suggested the doctors to prescribe generic medicines instead of expensive medicines, so that people can buy from [#JanAushadhi](#) at cheaper rates.



10:04 PM · Nov 16, 2024 · 1,018 Views

3 52

 **All India Radio News** @airnewsalerts


Government has fixed target to open 25,000 Jan Aushadhi Kendra across the country by March 2027: Union Minister Anupriya Patel

[newsonair.gov.in/government-has...](#)

5:14 AM · Nov 30, 2024 · 2,585 Views

2 4 18 3

← Post

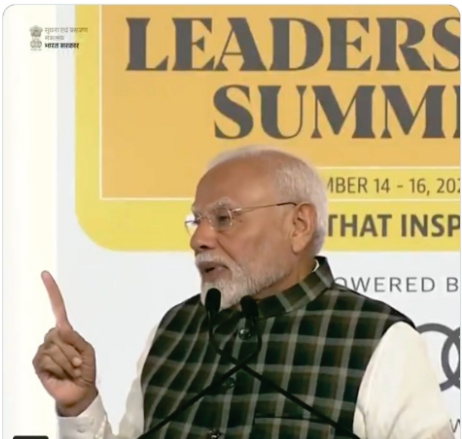
 **Ministry of Information and Broadcasting** @MIB_India

"डीबीटी से देश के 3.50 लाख करोड़ रुपये बचे हैं। आयुष्मान भारत योजना के तहत मुफ्त इलाज से गरीबों के एक लाख 10 हजार करोड़ रुपए बचे हैं। जनऔषधि केंद्रों में 80 परसेंट डिस्काउंट पर मिल रही दवाइयों से नागरिकों के 30 हजार करोड़ रुपये बचे हैं।"

[#HTLS2024](#) में प्रधानमंत्री [@narendramodi](#)

[@PMOIndia](#) [@MoHFW_INDIA](#) [@JPNadda](#) [@AnupriyaSPatel](#) [@AyushmanNHA](#) [@pmbjppmbi](#) [@PIB_India](#) [@DDNewsLive](#) [@airnewsalerts](#)

[Translate post](#)



PMBJK inauguration Insights



Shri Khiru Mahto

Hon'ble Member of Parliament (Rajya Sabha),
Jharkhand, Gol inaugurated PMBJK

📍 **Charhi, Hazaribagh (Jharkhand)**



Shri Pankaj Kumar Mishra

Hon'ble Member of Legislative Assembly,
Runnisaipur, Govt. of Bihar inaugurated PMBJK

📍 **Old Zero Mile, Muzaffarpur (Bihar)**



Smt. Anju Devi

Hon'ble Councillor, Ward No. 29, Pooth Khurd,
Municipal Corporation of Delhi (MCD),
inaugurated PMBJK

📍 **Pooth Khurd, Bawana (Delhi)**



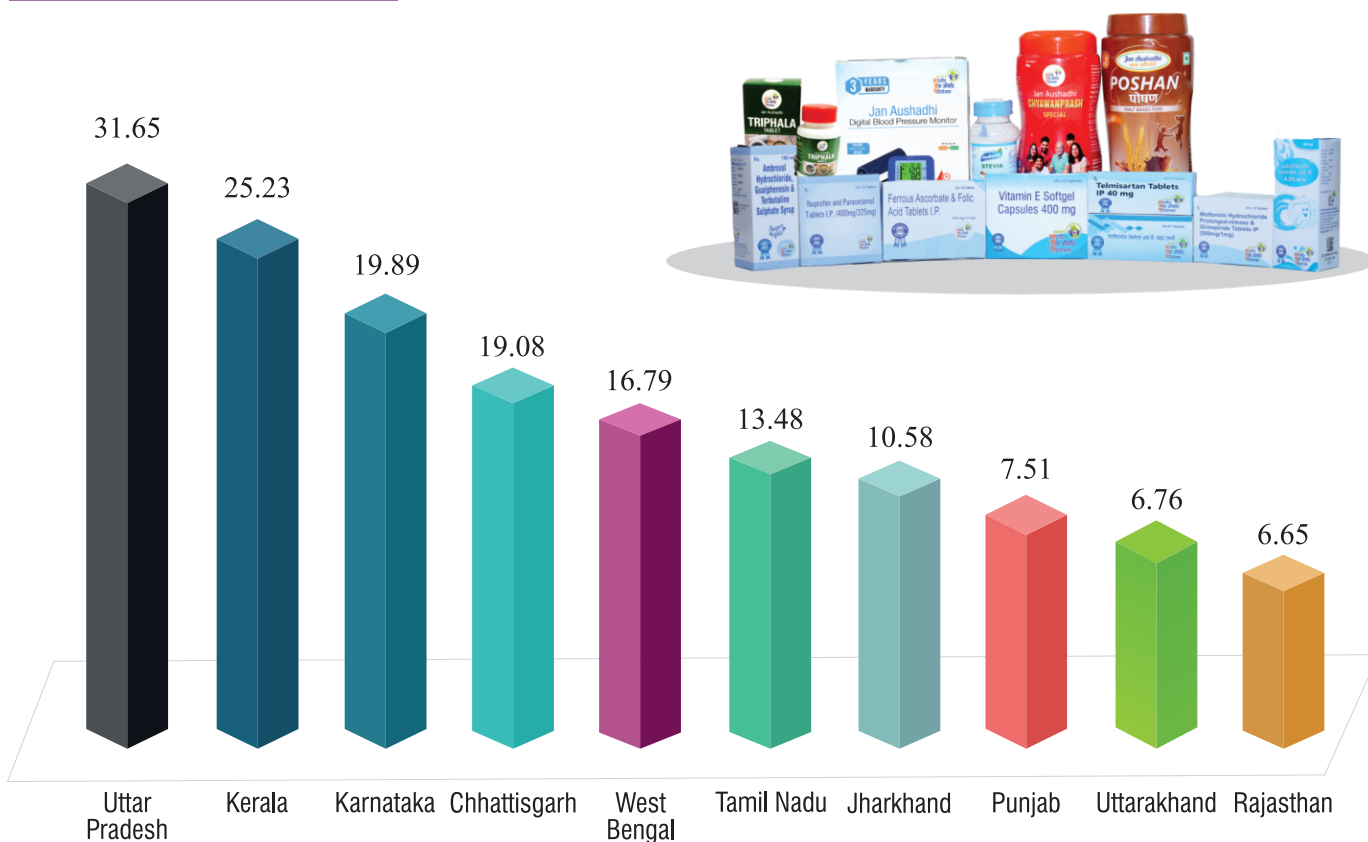
Ms. Nisha

Sub-Inspector (SI), Bhudera, Haryana
inaugurated PMBJK

📍 **Bhudera, Gurugram (Haryana)**

Best Performing States in Terms of Sales in Rs. Crores

November 2024



Welcoming new Partners who joined PMBI family in the month of November 2024

PMBJK16064 - Ashok Paul - Cachar, Assam - 788005

PMBJK16085 - Sarmila Mondal - Bankura, West Bengal- 722202

PMBJK16091 - Sunita Kumari - Vaishali, Bihar- 844101

PMBJK16104 - Abdul Rehman - Kasaragod, Kerala- 671310

PMBJK16110 - Tina Das - Sepahijala, Tripura- 799102

PMBJK16119 - Bhuwan Kumar Sahu - Raipur, Chhattisgarh- 493114

PMBJK16147 - Sushma - Patel Nagar, West, Delhi- 110008

PMBJK16167 - Yella Kiranmayi - Guntur, Andhra Pradesh- 522503

PMBJK16176 - Tamanna - Ambala, Haryana- 134003

PMBJK16186 - Shubham Verma - Shahjahanpur, Uttar Pradesh- 242042

PMBJK16202 - Arshleen Kaur - Jalandhar, Punjab- 144040

PMBJK16221 - Southri Jeya Anand - Lawspet, Puducherry- 605008

PMBJK16263 - Larity Kharsyntiew - East Khasi Hills, Meghalaya- 793015

PMBJK16270 - Shruthi - Dakshina Kannada, Karnataka- 574210

PMBJK16273 - Shivani Thakur - Una, Himachal Pradesh- 177203

PMBJK16278 - Sumitra Palai - Puri, Odisha- 752011

PMBJK16287 - Neetu - Vikasnagar, Dehradun, Uttarakhand- 248159

PMBJK16298 - Sangam Rai - Pakyong, Sikkim- 737106

PMBJK16319 - Ahmed Basha - Tirupathur, Tamil Nadu- 635802

PMBJK16327 - Patel Ritaben Keshabhai - Arvalli, Gujarat- 383245

A black and white photograph showing a sketch of a person's face on a white sheet of paper. The sketch is done with dark, expressive lines. A black pen lies horizontally across the sketch, and a black eraser is positioned above it.

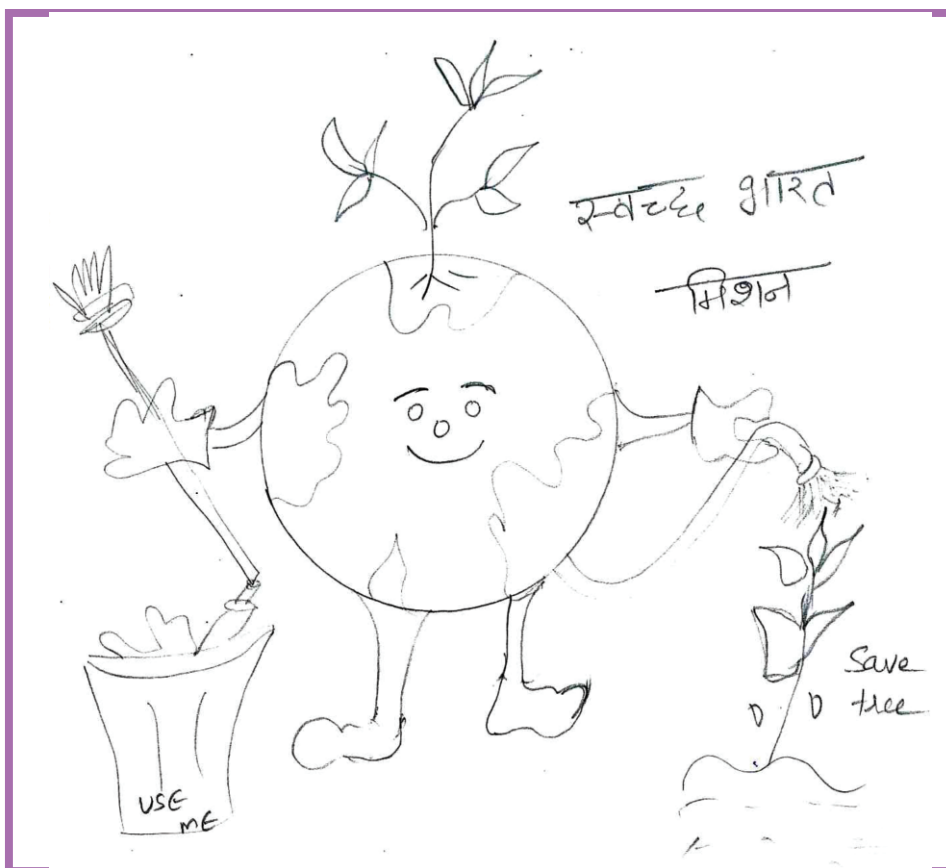
SWACHH BHARAT



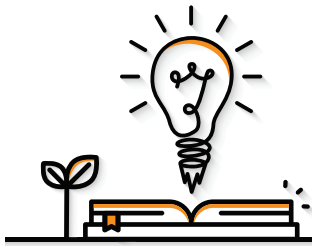
Raju Kumar
(MTS HR)



Tannushree
(Executive Finance)



Kanika Thapliyal
Junior Officer,
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Jan Aushadhi GYAN GHARONDA

HIV and AIDS



Overview

Human immunodeficiency virus (HIV) is a virus that attacks the body's immune system. Acquired immunodeficiency syndrome (AIDS) occurs at the most advanced stage of infection. HIV targets the body's white blood cells, weakening the immune system. This makes it easier to get sick with diseases like tuberculosis, infections and some cancers. HIV is spread from the body fluids of an infected person, including blood, breast milk, semen and vaginal fluids. It is not spread by kisses, hugs or sharing food. It can also spread from a mother to her baby.

HIV can be prevented and treated with antiretroviral therapy (ART). Untreated HIV can progress to AIDS, often after many years.

WHO now defines Advanced HIV Disease (AHD) as CD4 cell count less than 200 cells/mm³ or WHO stage 3 or 4 in adults and adolescents. All children younger than 5 years of age living with HIV are considered to have advanced HIV disease.

Signs and symptoms

EARLY SPREAD

HIV spreads easily in the first months, often without symptoms.

INITIAL SYMPTOMS

Fever, headache, rash, and sore throat (flu-like illness).

PROGRESSION

Weakens the immune system, causing swollen lymph nodes, weight loss, fever, diarrhea, and cough.

SEVERE ILLNESSES

(if untreated):
Tuberculosis, meningitis, severe infections, and cancers like lymphomas and Kaposi's sarcoma.

Transmission

HIV spreads through blood, breast milk, semen, vaginal fluids, and during pregnancy or delivery but not via casual contact like hugging or sharing food. People on ART with an undetectable viral load cannot transmit HIV, highlighting the importance of early and consistent treatment.

Risk factors

Risky Behaviors:

Unprotected anal/vaginal sex; alcohol or drug use during sex.

STIs:

Infections like syphilis, herpes, chlamydia, gonorrhea, bacterial vaginosis.

Needle Use:

Sharing contaminated needles or drug equipment.

Unsafe Medical Practices:

Unsafe injections, blood transfusions, unsterile procedures, or needle stick injuries.

Diagnosis

HIV can be diagnosed with rapid tests or self-tests, but confirmatory testing by a trained health worker is necessary. Most tests detect antibodies within 28 days, but during the "window period," HIV may not be detectable. After a positive result, retesting is essential before treatment. For infants under 18 months, virological testing is required instead of antibody tests. New technologies now allow same-day results at the point of care, facilitating quicker treatment initiation.

Prevention

HIV is preventable by:

Using condoms during sex

Getting tested for HIV and STIs

Considering voluntary male circumcision

Using harm reduction services for people who inject drugs

Prevention options include:

Antiretroviral drugs (ARVs) like oral PrEP, long-acting products, dapivirine vaginal rings, and injectable cabotegravir

ARVs for mothers to prevent transmission to children



People on ART with undetectable viral loads can't transmit HIV, making testing and ART key to prevention.

Treatment

There is no cure for HIV, but antiretroviral therapy (ART) helps stop the virus from replicating, strengthening the immune system. ART doesn't cure HIV but allows people to live healthy lives by reducing the virus in the body and preventing symptoms. ART must be taken daily for life. People with undetectable viral loads cannot transmit HIV. Pregnant women with HIV should start ART early to protect their health and prevent transmission to the baby. WHO is working to reduce advanced HIV disease, and new treatments and injectable medicines are being developed for better care.

Source: <https://www.who.int/news-room/fact-sheets/detail/hiv-aids>



KHELO BHI PADHO BHI

Fill in the puzzle below based on what you have read about **HIV and AIDS** on the previous page.

1

What is HIV and AIDS

.....

2

Fill in the Blanks

AIDS is the _____ stage of HIV infection.

3

True or False

People who use ART with undetectable viral loads can transmit HIV.

True ☐ False ☐

4

Multiple Choice

Which of the following is NOT a way HIV can be transmitted?

- A. Blood ☐ B. Semen ☐
C. Hugging ☐ D. Breast milk ☐

5

Short Answer

What are the early symptoms of HIV infection?

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